

## **Keynote Address: Aging and Advanced Illness: Join the Aging Revolution**

**Keynote Speaker: Dr. Maria Torroella Carney**, MD, MACP, Chief, Division Geriatrics and Palliative Medicine Medical Director, Continuing Care; Professor, Zucker School of Medicine at Hofstra/Northwell Northwell Department of Medicine; Co-author with Michael Dowling and Charles Kenney *The Aging Revolution*.

### **Keynote Description:**

Our healthcare system faces unprecedented challenges as our population ages and the prevalence of having chronic and advanced illnesses rises. This dynamic keynote address by Dr. Maria Torroella Carney calls us to action, urging a revolution in how we approach care for individuals living with multiple medical conditions and complex care needs.

Dr. Carney will dissect the critical issues facing healthcare today, highlighting the increasing demands on both patients and their family caregivers. She will explore the intersection of aging and advanced illness, emphasizing the vital connection between age-friendly care and the principles of geriatrics and palliative care. This presentation will delve into the intense care planning required for this population, advocating for a more integrated and compassionate approach that addresses not only medical needs but also the functional, emotional, social, and spiritual well-being of both patients and their families.

Join Dr. Carney for a thought-provoking discussion and discover how we can collectively build a more responsive and supportive healthcare system that empowers individuals to live fully throughout their lives.

Dr. Maria Carney will establish and breakdown the issues facing healthcare today. This discussion is a call to action to better care for individuals (and their family caregivers) living with multiple medical conditions and the intense care planning they may need.

### **Learning Objectives:**

1. Analyze the key challenges facing healthcare systems in addressing the needs of an aging population with increasing rates of chronic and advanced illnesses.
2. Describe the intersection of age-friendly care and palliative care principles, and their synergistic application in improving the quality of life for individuals with multiple medical conditions.
3. Identify strategies for implementing a more integrated and compassionate age friendly care approach that addresses the medical, functional, emotional, and social well-being of both patients and their family caregivers.