* Why Trauma Matters in End-of-Life Care: A Practical Approach

*1.5 hours for Social Work CEU's will be given for this session. In-Person Only

Presenters: Jade Johnson, LCSW, MJHS Hospice and Palliative Care, Karen Telman, LCSW, MJHS Hospice and Palliative Care, Kathleen Ringel, LMSW, MJHS Hospice and Palliative Care & Fordham University Adjust Professor

Abstract: End-of-life care presents unique challenges which may be compounded by a patient's past traumatic experiences. This session will explore the principles of trauma informed care and its significant impact on the well-being of patients and their families during this vulnerable time. Through evidenced based strategies and case studies, participants will gain the skills to recognize trauma's subtle manifestations and implement immediate, compassionate interventions that significantly enhance patient experiences and family dynamics.

Objectives:

- 1. Provide an overview of trauma-informed care principles as they relate to end of life care.
- 2. Use case examples to develop competency in recognizing and responding to past trauma in various settings.
- 3. Participants will learn three interventions that can be implemented in practical ways to improve patient and family experiences in end-of-life care.