

**\* The 4Ms of Age-Friendly Care**

\*1.5 hours for Social Work CEU's will be given for this session.

In-Person Only

Presenters: Dr. Lindsey Semprini, MD & Christine Gallo, LCSW, ACHP-SW

*Summary: The evidence based 4Ms Framework (including what **m**atters most, **m**edication, **m**entation, **m**obility), an initiative of John A. Hartford Foundation and the Institute for Healthcare Improvement (IHI) is shown to reduce patient harm in a number of important ways such as clarifying goals; managing medications; addressing cognitive issues; and optimizing mobility by assessing and addressing pain. Beginning in 2025, hospitals that participate in Medicare's Hospital Inpatient Quality Reporting (IQR) Program will be required by the Centers for Medicare and Medicaid Services to report on the extent to which they meet the new Age-Friendly Hospital Measure. This educational session will provide foundational information for understanding each domain and contextual application of concepts to patient and family care through real scenarios via role-play and usage of movie clips.*

Learning Objectives:

1. Participants will learn to define Age-Friendly care through the lens of the four domains of What Matters Most, Medication, Mentation and Mobility.
2. Participants will gain knowledge of the new 2025 CMS requirements for reporting on how hospitals meet the new Age-Friendly Measure.
3. Participants will learn how to apply learned concepts to patient and family care through real scenarios via role plays and movie clip discussion.

Bios:

Christine Gallo, LCSW, GC-C is a Clinical Social Worker and Certified Grief Counselor on the Palliative Medicine Team at Peconic Bay Medical Center. Through her role, Christine has the privilege of supporting patients and their families across all facets of advanced illness and loss with a specialized meaning-centered lens and holds a specialized interest and focus on advocacy for health equity and dignified end of life care along the advanced illness journey continuum for patients with Intellectual and Developmental Disabilities. Christine also coordinates the Palliative Medicine Team's multi-faceted Bereavement Plan of Care utilizing holistic mind, body, and spirit multi-modal interventions to support individuals as they navigate their journey of grief. Lastly, Christine supports Peconic Bay Medical Center's Caregivers Center providing support, education and resources to the hospital's community of family caregivers.

Dr. Lindsey Semprini, MD joined the Medical Staff at Peconic Bay Medical Center where she has served in her role as Attending Physician in Hospice and Palliative Care for over 2 years. Dr. Semprini is board certified in Internal Medicine and Hospice and Palliative Medicine and is OPWDD Commissioner approved to certify capacity for individuals with Intellectual and Developmental Disabilities. Her professional interests include complex symptom management as well as a commitment to health care equity for patients with Intellectual and Developmental Disabilities in ensuring access to dignified end of life care.