

Reduce Educator Burnout and Increase Student Engagement (EDU5900.13)

Molloy University 3 Graduate Credits

Description:

Throughout this course, educators will connect to their own passion and purpose to teaching and learning and gain a deeper understanding of how this approach influences their daily actions in and outside of the classroom. Educators will explore factors that influence teacher burnout and will explore tools to reduce burnout while refining their approach to curriculum, instruction, and student support to increase student engagement.

Objectives:

- Understand a deeper connection to their purpose as an educator by analyzing a variety of educational philosophies and drawing connections to your own passion.
- Learn strategies to deepen their connection and educational philosophy to their curriculum, instructional strategies, and their community among students and staff.
- Engage in lesson and curricular planning strategies that directly increase student engagement.

Dates: July 21 - 24

NYS Teaching Standards:

III. Instructional Practice

IV. Learning Environment

Danielson Rubric: Domain 1: Planning and Preparation Domain 2: Classroom Environment

Outline of Sessions:

- Unpacking Your Why - Connect to your educational philosophy, while evaluating a variety of philosophies and factors that contribute to your own personal drive as a teacher.

- Evaluating Factors that Influence Teacher Burnout - Evaluate research on educator burnout to develop a deeper understanding of what causes burnout in the education field and develop strategies to combat personal signs of burnout.
- Locus of Control- Analyze factors that are within and outside of your control as an educator and evaluate the influence of these decisions on your practice and students.
- Pedagogical Decisions - Evaluate curricular and instructional decisions to increase student and educator engagement.
- Classroom Environment- Analyze specific management strategies that reduce burnout and increase engagement and connection.
- Lead Learner - Create a professional development plan that is aligned to educator passion and student engagement.
- Nourish Your Network - Evaluate strong relationships within and outside of your classroom that influence your goals.
- Connecting the Through Line- Ensure your passion and purpose align to your everyday work.

Assignment Descriptions:

- Your Why Statement - This paper is where educators work to explore the question that is asked by many educators - Why are you an Educator? This paper would not just have educators answer the question, but rather explore the roots of what drives them each day as an educator.
- 3 Reflection Post- These would be reflection posts (1/2 page max.) where educators will reflect on what they are learning in the course and how it applies to their classroom experience.
- Time Management Reflection- List all of the things that you do in a typical day at school and then categorize the list: what are things that impact student engagement in your class and what are things that are technical that do not impact students engagement in your class. Reflect on these lists. How do you feel when you are doing things in each column? What are the things that connect to your why or your purpose as an educator? Are there any things that do not align to your why or to students that you can eliminate to make more room for things that do?

- Lesson or Project Plan & Reflection- Educators will create a lesson or project that directly connects to their why. They would hand in a formal lesson plan or project outline along with a reflection on how this lesson connects to their why.

Supplemental Texts:

Educating with Passion and Purpose: Keep the Fire Going without Burning Out by Meredith Matson and Rekekah Shoaf (Jossey-Bass, 2023)

Onward: Cultivating Emotional Resilience in Educators by Elena Aguilar (Jossey-Bass, 2018)

Tuition:

The tuition is discounted to \$945 per course. There are no other fees.

Registration and Payment: All registrations are conducted online. There is an online application that you need to complete, but that is for information purposes only.

Molloy's online registration system is called Lion's Den.

Follow these steps to create your account and register

1. Enter the Lion's Den Portal for Professional Studies
at: https://lionsden.molloy.edu/ICS/Professional_Studies/

Questions: If you have any questions, contact Louis Cino at lcino@molloy.edu.

Attendance

At Molloy University, faculty take attendance and establish course policies for each course. (INSERT FACULTY'S COURSE ATTENDANCE POLICY HERE)

Course Withdrawal Policy

Withdrawal from a course after the Add/Drop period ends can be administrative, voluntary, or non-voluntary. (See Withdrawal Policy for potential financial implications; the Academic Calendar and/or the course syllabus for the last day to withdraw dates.)

Administrative withdrawal can occur from a course if a student is absent from class for two (2) consecutive weeks at any point in the semester without providing notification to their faculty of extenuating circumstances.

Voluntary Withdrawals from a course may be requested by the student from the faculty before the end of the 10th week of the semester (prorated for shorter sessions and terms). After the end of the 10th week, the student may complete the course for a grade or receive a grade of WF.

Non-Voluntary Withdrawal may be assigned by the faculty with a grade of "WF" when the student's work is failing after the 10th week of the semester and if the student did not complete the course (prorated for shorter sessions and terms). "WF" is not computed as a failure in quality points/GPA, but a course failure for some program progression requirements.

Incompletes

A grade of incomplete or "I" will be granted only in cases of hardship (circumstances which, in the judgment of the faculty, warrant special consideration), when all coursework is not completed by the last day of class, and when the student contacts the faculty within 24 hours of the final examination. Students have until the last day of the following semester to submit their completed assignments to the faculty. (See Incompletes Policy.)

Expectations of Academic Integrity for All Students

Engaging in any form of academic dishonesty is an academic infraction subject to referral to the student conduct process. Students will be held accountable for infractions regarding cheating, plagiarism, facilitating academic dishonesty, falsifying documents, and fabrication.

Use of Generative Artificial Intelligence (AI) To maintain a culture of integrity and respect, these generative AI tools should not be used in the completion of

course assignments unless a faculty member for a given course specifically authorizes their use.

The consequences for academic infractions include but are not limited to, participating in an interactive online academic integrity course with a written final paper, suspension, or dismissal. (See Honor Pledge and Academic Honesty Policy.)

Email Accounts

Students are to utilize their Molloy e-mail account or via Canvas when communicating throughout the semester. Those who use a non-Molloy account may miss important messages. Students are responsible for responding to all methods of communication in a timely fashion relating to this course.

Health and Wellness

Molloy Health Services is committed to the health and wellbeing of the students. Therefore, students are urged to monitor the website and all health and safety updates for any health-related changes in campus procedures. See Student Health Services or email healthservices@molloy.edu or by phone at 516-323-3467. The Student Personal Counseling Center (SPCC) is a confidential and free service available to all currently enrolled Molloy University students. If you are interested in scheduling an appointment with SPCC, please call 516-323-3484 (Monday-Friday), scan the QR code, or walk in to request a time and day to meet.

Center for Access and Disability (ACCESS)

Molloy University provides reasonable accommodation for any student with a documented disability or chronic illness. Students requiring accommodations are urged to contact the at access@molloy.edu. See ACCESS for more information.

Technical Support

Canvas Support is accessed through the HELP feature in the lower left-hand corner of Canvas. You can also call 844-408-6455 or use the online chat feature 24 hours 7 days a week. Technology Support Services and The

Information Commons are available to support students' technology needs. Technology Support Services is located in Kellenberg 022 and can be reached via phone: 516.323.4800 or email: helpdesk@molloy.edu. The Information Commons is located on the second floor of Public Square and can be reached at 516.323.4817 or email: slewis2@molloy.edu. For more information see Student Account, Technology and Canvas.

Ally for Canvas

Students are able to download course materials in different formats that fit your device, need, and learning preference. For more information see Supportive Tools and Resources/ Ally or contact CourseDesign@molloy.edu.

Molloy Student Tour

The Molloy Student Tour (MST) helps students locate appropriate student resources and contact information, navigate Canvas effectively, and identify ways to be successful during your time at Molloy University. Students can access MST by selecting "Courses" from the left navigation in

Canvas and then selecting "All Courses." Select the star next to its name to turn it orange and include it on your Canvas dashboard for easy access.

Recording

To foster an environment that encourages and supports the full and free expression of information, ideas, and opinions between students, faculty, and administration of the University, students, faculty, employees, and administrators are prohibited from recording in any manner or by any means conversations, meetings, class lectures, or any communication without the explicit consent of all participants. This is a critical commitment to the collegiate experience at Molloy and any violation may become a subject of disciplinary action. Thus, recordings are only permitted if all participants are fully informed that the recording will be made, and all participants consent to being recorded. A student who does not consent to the recording must email their professor at the start of the course. Any student who has not contacted the professor is deemed to have consented to the recording. You may notify your professor by email at any time if you choose to revoke your consent.

OPTIONAL Statement

Use of Proctorio for Exams/Quizzes (if applicable)

This course may require one or more proctored exams using Proctorio through Canvas. Students must be sure to have:

- Access to a quiet, preferably private, space for testing.
- A web camera (USB or internal).
- A microphone (USB or internal).
- Their Molloy ID card (not their driver's license) ready for the ID verification process.
- A desktop computer or laptop when taking quizzes and exams using Proctorio (mobile devices are not compatible, including iPads and mobile phones).
- Download a supported browser like Google Chrome or Microsoft Edge and install the Proctorio extension

Students should understand that recording hardware (i.e., web camera and a microphone) is purchased and controlled by the student. Students are expected to read Molloy University's rules and expectations for engaging in honest research and coursework while completing assignments and exams by accessing the Student Academic Integrity webpage. For additional information about online proctoring with Proctorio, students can visit the Support for Test-Takers and FAQ page at <https://proctorio.com/support>.

Proctorio recordings are only available to your instructor and other university officials, and the extension only runs during the quiz or exam. Therefore, no student privacy rights are violated, nor is the security of computers or laptops jeopardized. Proctorio is designed to help maintain the academic integrity of online exams. Proctorio offers 24/7 support and can answer your questions by chat by clicking the shield icon in Chrome, or by email at support@proctorio.com.

