

**MOLLOY UNIVERSITY**  
**School of Education and Human Services**  
**Graduate Education**

**EDU5900.81- Supporting Students' Mental Health: Essential Knowledge and Practices**  
**for Professionals in the P-12 Setting (3 credits)**

Summer 2025

Instructors: Professors Linda and Eric Kraemer

Email: lkraemer@molloy.edu

Office hours: Via Zoom by appointment

**Course Description:**

This course will offer an overview of essential knowledge and skills necessary to recognize and respond to students with mental health issues. We will begin by examining the types of mental health issues teachers may encounter, as well as the educator's role in supporting these students. Participants will use the knowledge gained to develop a basic action plan including identifying valuable resources for schools and families. Special focus will be placed on teacher self-care. (This course will take place over one week with an added week for the completion of the final project.)

**\*This course may be used as the first of three courses towards a certificate in *Supporting Students with Mental Health Issues***

**Course Objectives:**

- Recognize and understand types of mental health issues
- Examine the roles of various education professionals in supporting students with mental health issues
- Develop a resource guide to meet the needs of students and families in crisis
- Prepare to engage in self-care strategies

**Course Format:**

This course will be offered online through Canvas, Molloy's learning management system. The course will open two days before the start date and close one week after the last day of class. This section is offered July 28-31. There will be daily activities and discussions that must be

completed at the end of each day. Responses to the discussions will be due the following day by noon. An extra week will be allotted for the completion of the final project (due by August 7).

**Required Readings, Videos, and Other Materials:** Will be provided throughout

**Course Requirements and Evaluation:**

Asynchronous Discussions/Participation	20% (5% x 4)
Mental Health Disorder Presentation	20%
Supportive Practices Activity	20%
Stigma Analysis	20%
Mental Health Resource Guide	20%

**Molloy University and School of Education and Human Services Policies and Supports**

**Expectations of Academic Integrity for All Students**

[Honor Pledge and Academic Honesty Policy](#)

**Course Withdrawals**

View [Withdrawal Policy](#) for potential financial implications

View [Academic Calendar](#) and/or the course syllabus for the last day to withdraw dates

**Incompletes**

[Incompletes Policy](#)

**Health and Wellness**

[Student Health Services](#)

[Student Counseling Center \(SCC\)](#)

**Center for Access and Disability (Access)**

[Center for Access and Disability](#)

## **Technical Support**

[Student Account, Technology and Canvas](#)

## **Ally for Canvas**

[Supportive Tools and Resources/ Ally](#)

## **Use of Proctorio for Exams/Quizzes (if applicable)**

[Proctorio Resources for Students](#)

## **Email Accounts**

Students are to utilize their Molloy e-mail account or via Canvas when communicating throughout the semester. Those who use a non-Molloy account may miss important messages. Students are responsible for responding to all methods of communication in a timely fashion relating to this course. Instructors will respond to emails from students within 24 hours. When/ if you email the instructor(s), please indicate what course you are in with the course number and section.

## **APA Manuscript Style**

All manuscripts in the field of education are written in the style format of the American Psychological Association. Candidates in the Graduate Education Programs are required to purchase the Publication Manual of the American Psychological Association (7<sup>th</sup> ed.). (2010). Washington, DC: American Psychological Association.

All papers written in every course must adhere to the manuscript prescriptions defined in this manual.